

SARPY/CASS

Health Department

12 employees serving **218,021** people across **2** metropolitan counties

Dedicated to positively impacting residents' mental health and well being by:

- Connecting people to increased social supports
- Reducing stigma of mental health & substance use disorder
- Increasing connection to mental health & preventative resources
- Understanding trauma



Sarpy & Cass Counties

www.schd.ne.gov

(402) 339-4334

From the Health Director

I am pleased to present the 2023 – 2024 annual Sarpy/Cass Health Department report. The Department is committed to improving the lives of all Sarpy and Cass County residents through the prevention, promotion, and protection of the public's health. This annual report outlines the daily work done by department staff to achieve our mission of providing residents with the highest quality of life.

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This year, the Department has experienced many notable achievements, many of which are outlined in the following pages. Continue to read and explore the public health programs, supports, and activities outlined in this report. You can visit our website, schd.ne.gov, or follow us on Facebook, X, or Instagram to learn more about the Department and to stay on top of public health news.

In good health,

Sarah Schram,
Health Director



Sarah Schram, MS, RD

Health Director

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Communicable Disease Control

Our Disease Surveillance Specialists work to protect residents' health by investigating reportable diseases, conducting disease surveillance, and responding to outbreaks in our community. This year, 1,544 investigations of confirmed or probable cases of illness other than COVID-19. Timely and thorough investigation and follow-up limited the spread of illness.

In FY 23-24, SCHD investigated 1,544 reportable cases of diseases.



Chronic Disease & Injury Prevention

Our Safe Kids Sarpy/Cass program provides awareness, education, and resources to help parents and caregivers keep the children in our community safe. This year, program staff provided home, child passenger, and sport safety education to residents through numerous community events. Trained technicians educated caregivers on installing 69 youth car seats.

SCHD provided child safety education and installed 69 car seats.



Environmental Public Health

The Department's childhood lead poisoning and prevention program educated over 30,000 families that reside in homes built before 1978 in Sarpy and Cass County on the potential for lead-based paint, a common source of childhood lead poisoning. The action resulted in an increase in lead screening within the health jurisdiction.

Provided program education to 30,000+ families.



Maternal, Child, & Family Health

Our Peer Educators support mothers and families enrolled in the Nebraska WIC program through peer-to-peer breastfeeding education and referrals to breastfeeding resources. Breastfeeding has health benefits for infants and their mothers. Supportive relationships and one-on-one peer support increase breastfeeding success.

Peer Health Educators helped 2,500+ WIC mothers.



Access to & Linkage with Clinical Care

The Department hosted blood pressure screening events to ensure widespread accessibility to screenings and resources; promoted high blood pressure control, early detection, and regular monitoring; distributed 28 free blood pressure monitors; and connected residents with health-care providers.

SCHD distributed 28 free blood pressure monitors.



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